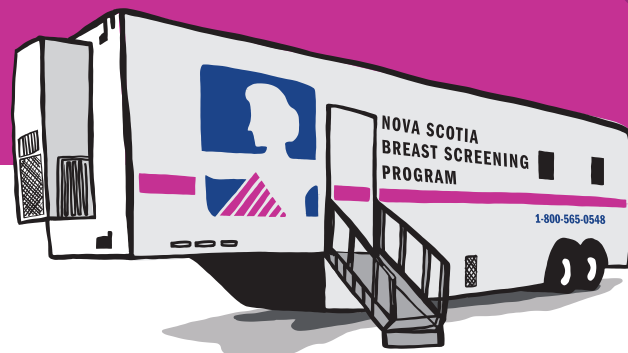


# Nova Scotia Breast Screening Program

## Screening Mammogram: 2025 Mobile Schedule



## What is a screening mammogram?

A screening mammogram is two X-ray pictures of each breast performed by a highly trained mammography technologist.

### WHY ARE THEY IMPORTANT?

A screening mammogram looks for breast cancer in individuals who do not have breast symptoms. Screening mammograms can find breast cancer in its early stages, even before a lump can be felt. Anyone with symptoms such as a lump or new skin dimpling should see their health care provider immediately to determine if other testing is required.

### WHO IS ELIGIBLE?

- Every 2-3 years for ages 50-74
- Ages 40-49 and 75+ can self-refer into the Program
- No breast implants
- No previous breast cancer
- No new breast symptoms

### HOW DO I BOOK ONE?

You can make the appointment yourself by calling the Nova Scotia Breast Screening Program (NSBSP). You do not need referral from a health care provider to book a screening mammogram. **Call 902-473-3960 or 1-800-565-0548 (toll free).**

### WHERE DO I GO?

Mammograms can be done at one of our 11 fixed sites or 30 mobile stops across NS.

This year's mobile schedule is provided here or you can check [breastscreening.nshealth.ca](http://breastscreening.nshealth.ca) for a list of NSBSP permanent locations.

### On the Day of your Screening Mammogram:

- > Bring your health card.
- > Wear a 2 piece outfit with a top that buttons up the front. You will be asked to undress from the waist up.
- > Do not use deodorant, powder, creams or lotions on the day of your appointment. These products may show up on the X-ray picture and make it harder to read your mammogram.
- > **Be Breast Aware.** See your health care provider about any new breast symptoms even if you have recently had a normal mammogram.

# Nova Scotia Breast Screening Program

## Screening Mammogram: 2025 Mobile Schedule



COMMUNITY	MOBILE LOCATION	DATES
1. Glace Bay	Glace Bay General Hospital	March 21–April 09
2. New Waterford	New Waterford Consolidated Hospital	April 10–26
3. North Sydney	Northside General Hospital	April 28 – May 17
4. Neil’s Harbour	Buchanan Memorial Hospital	May 20–23
5. Cheticamp	Sacred Heart Hospital	May 24–31
6. Inverness	Inverness Consolidated Memorial Hospital	June 02–11
7. Pictou Landing	Pictou Landing First Nations Health Centre	June 12–13
8. Tatamagouche	Lillian Fraser Memorial Hospital	June 14–18
9. Parrsboro	South Cumberland Community Care Centre	June 19–21
10. Indian Brook	Indian Brook Health Centre	June 23–24
11. Kennetcook	Guardian Pharmacy	June 25–27
12. Hantsport	Glooscap First Nation Health Centre	June 28
13. Middleton	Soldiers Memorial Hospital	June 30–July 23
14. Digby	Digby General Hospital	July 24–August 09
15. Long Island	Royal Canadian Legion	August 11–12
16. Comeauville (Clare)	Radio CIFA Building	August 13–22
17. Shelburne	Roseway Hospital	August 23–September 03
18. Liverpool	Queens Place Emera Centre	September 04–19
19. Caledonia	North Queens Community Health Center	September 20–23
20. North Preston	North Preston Community Centre	September 24–26
21. Sheet Harbour	Eastern Shore Memorial Hospital	September 27–October 04
22. Sherbrooke	St. Mary’s Hospital	October 06–07
23. Guysborough	Guysborough Memorial Hospital	October 08–11
24. Canso	Canso Medical Centre	October 14–15
25. Arichat	St. Anne’s Community & Nursing Care Centre	October 16–22
26. Cleveland	Strait Richmond Hospital	October 23–November 05
27. Whycomomagh	Waycobah First Nations Health Centre	November 06–08
28. Baddeck	Victoria County Memorial Hospital	November 10–22
29. Eskasoni	Eskasoni Health Center	November 24–29
30. Sydney	Cape Breton Regional Hospital	December 01–March 2026

*\*Dates are subject to change if the program encounters any staffing issues, workload changes or equipment breakdowns.*



**Call 1-800-565-0548 to book an appointment on a date and at a location that is most convenient to you.**

